

PSY-POUR-HAITI.ORG



Association Psy Pour Haiti

Where /S Haïti??



- The first Haitians were the Tainos:
Amerindians living on Hispaniola when it was discovered by Christopher Columbus in 1492.
- From CC's journal we read: « They traded with us and gave us everything they had, with good will...they took great delight in pleasing us...They are very gentle and without knowledge of what is evil; nor do they murder or steal...Your Highness may believe that in all the world there can be no better people...They love their neighbors as themselves, and they have the sweetest talk in the world, and are gentle and always laughing. »

- Sources Wikipedia and Kirkpatrick Sale

At the time of Columbus' arrival, there were five Taino chiefdoms and territories on Hispaniola (now divided into Haïti and the Dominican Republic), each led by a principal Cacique (chief).

Source: Wikipedia

The five chiefdoms



Taino culture

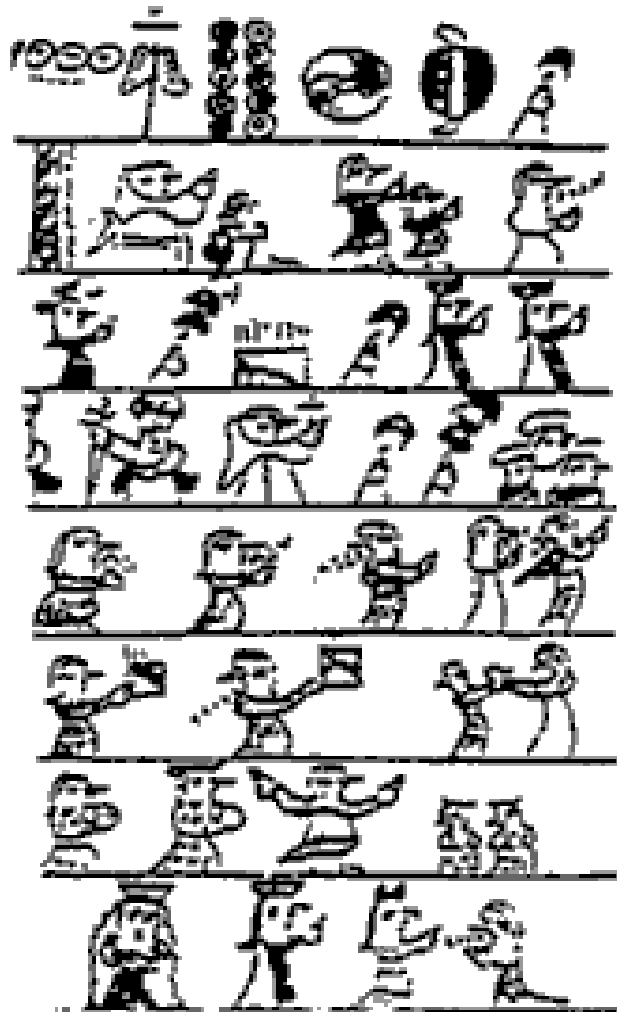
- The Tainos had an elaborate pre-Columbian culture. Their matrilineal society had 2 classes: the naborias (commoners) and the Nitainos (nobles).
- Chiefs (caciques) were either male or female.
- Primarily agricultural, but also fished and hunted.
- Staple crop = cassava (yucca) root.
- Maipurean language. No written language, but some Taino words have been incorporated into Spanish and English: barbacoa, hamaca, batata, juracán, tabaco

Taino ceremonial ball court (Cuba)



- On his second voyage, Columbus began to require tribute from the Tainos...
- Within 30 years, 90% of the population died as increasing Spanish population with ensuing famine, enslavement and imported epidemic diseases (smallpox, influenza, measles, typhus) all took their toll.

Taino pictograph



And then?

- During the early 1600's, France established a presence on Hispaniola. In 1697, Spain ceded the western 1/3 of the island to France.
- The French colony, Haïti, based on forestry and sugar-related industries, became one of the wealthiest in the Caribbean – but only through heavy importation of African slaves and considerable environmental degradation.

Next?

- In the late 1700's the slaves (500,000) led by Toussaint L'Ouverture revolted and became the first black slave republic to gain independence – in 1804 against Napoleon!!
- A fact which still gives each Haïtian much
NATIONAL PRIDE!!

HAITI'S FLAG



SAD ENDING...

- Despite a courageous beginning, Haïti is now the poorest nation in the Western hemisphere and has been plagued by political violence for most of its history.
- Since the forced resignation and exile of President Aristide in 2004, the country has remained « supervised » by UN forces.
- After continued violence and delays, a democratically elected president and a parliament were inaugurated in May 2006.





« Goudugoudu »

- On January 12, 2010 the earth shook for 43 seconds. The quake registered at 7.2 on the Richter scale.
- It sounded like « goudugoudu » and this became the Creole word for the terrifying experience.
- The earthquake was the worst in 200yrs.

EVERYTHING CHANGED















An estimated 300,000 people died. Some immediately. Others days later under the rubble. Still others of untreated wounds days or weeks later.

**SOME WERE NEVER FOUND. OTHERS
SCOOPED UP BY BACKHOES AND
DUMPED INTO MASS GRAVES.**

**ONE MILLION BECAME HOMELESS,
MOST WITHOUT SHELTER, LATRINES,
FOOD OR CLEAN WATER.**

SOME OF THE LUCKY ONES GOT TENTS





In high-class neighborhoods, some got to watch important people drive by...



Many were in despair...



- Nearly every family was traumatized, bereaved or had an injured member.
- Many families' breadwinner was killed in the earthquake zone, leaving the family without income.
- A plethora of aid agencies provided a combination of aid...and confusion.
- Aftershocks were prolonged...and so were trauma reactions.

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What does Psy-pour-Haïti do?

- Recognizes need for mental health services.
- Offers trauma recovery services since 4/2010.
- Trains Haïtian counselors, equipping them to help their fellow countrymen/women.
- Provides ongoing supervision for practicing counselors.
- Gives training for the prevention of violence.
- Assists staff of hospitals/NGOs in managing work/life balance, avoiding burnout.

What does this look like?



Help CURE now











And the results?

- More than 100 trained counselors functioning as community mental health workers in their neighborhoods, schools, churches and local tent-cities, in 10 areas throughout Haïti.
- Ongoing training to keep motivation high and skills improving.
- Partnership with IPESI, Haïtian NGO.
- Course held at the University of Haïti
- Recognition and appreciation from the Haïtian government, Ministry of Health, letter attesting to ongoing collaboration.

Why continue?

- The needs are incredible: Mental health gets 5% of the budget for health
- There are virtually no mental health services
 - For all of Haïti (nearly 10 million people) there are 4 psychiatrists.
- The Ministry of Health aspires to create the same type of program developed and run by Psy-pour-Haïti.



REPUBLIQUE D'HAÏTI

**MINISTÈRE DE LA SANTÉ PUBLIQUE
ET DE LA POPULATION**

Bureau du Ministre

BM-04-12 5233

Port-au-Prince, le 20 avril 2012

Madame Denise BOUVIER
Directrice de Psy-pour-Haïti
Case Postale 1308
1260 Nyon 1, Suisse

Madame la Directrice,

Le Ministère de la Santé Publique et de la Population (MSPP) présente ses compliments à l'Association Psy-pour-Haïti et à sa Directrice, Mme Denise Bouvier, psychologue FSP et les invite à poursuivre avec lui un partenariat pour un travail durable pour la promotion de la santé mentale en Haïti.

Dans le cadre de ce partenariat, des actions de formation comme de prévention, ainsi que la supervision de la pratique des personnes formées, entre autres, peuvent être envisagées.

Le Ministère de la Santé Publique et de la Population saisit l'opportunité pour renouveler à Psy-pour-Haïti ainsi qu'à sa directrice l'expression de sa parfaite considération.

Dr Florence D. GUILLAUME
Ministre



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SERVICE OFFICIEL

Quiconque aura fait un usage privé de cette
enveloppe sera puni conformément à la loi.

5233

OUR 2012 PROJECTS

- Two more teaching trips
- With 2 trips to outlying areas for supervision
- Printing of additional materials in French (training manuals, syllabus) as few students have access to computers or printers.
- Establishment of mental health libraries
- Development of training program to train local supervisors.

- And if all else fails...

Revert to old time-tried strategies for
fund-raising

How can you help?

- Every teaching trip costs \$2000.
- Lodging costs \$500/trip.
- Ground transportation costs \$400/trip.
- Supervision trips to outlying areas: \$200/trip.
- Tuition for each student runs \$50/course.
- Course materials: \$25/student.
- Printing costs: \$400/yr.

- And if all else fails...

Revert to old time-tried strategies for
fund-raising



Sell your « treasures » at the local
flea market –
like we do!!!

Haiti needs hope to reconstruct!

And

Reconstruction starts on the inside!

La Belle Ayiti Chérie....





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ANTOINETTE NAWAS
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DAN
GRIYEN

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D.C.P.G













...vous remercie!!!

Together each drop of hope
can make an ocean of help!





Psy-pour-Haiti
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